



Mental Health Awareness Webinar Series for Parents and Guardians

As part of Jigsaw's *One Good School* initiative, parents and guardians are invited to participate in a Mental Health Awareness Webinar Series. The first webinar takes place on December 6th at 7:30pm and the topic is **School Transitions**. You will hear how school transitions can impact the mental health of young people and learn practical strategies to support your child.

In order to view the webinar, please take the following steps:

- 1. To create an account go to https://onegoodschool.learnupon.com and click REGISTER NOW.
- 2. One registered, click on CATALOG and then REGISTER

