



Castleknock Community College

Autumn 2022 Adult Night Classes



Scan the QR code
using your phone
camera to view
details on all our
courses

**With over 100 Night Class Courses
& over 30 One Day Workshops
on the 8th & 22nd Of October**

How to Book

Online: www.castleknockcc.ie/adult-education/

In Person: Enrolment night in College

Mon 19th Sep & Tues 20th Sep 7.00pm-8.30pm

**Telephone 01 8129346 / 01 8221626
email nightclasses@castleknockcc.ie
Website www.castleknockcc.ie**

Director of Adult Ed: Mr Conor Barry

Autumn 2022

Monday

Course	Weeks	Time Slot	Price	
M1	Bridge for beginners (Group 1)	8	7.00pm-9.00pm	€119
M2	Cook with confidence (Materials Fee €20)	8	7.00pm-9.00pm	€119
MW3	Couch to 5k Monday & Wednesday	8	7.00pm-8.00pm	€119
M4	Craft Beer Brewing	6	7.00pm-9.00pm	€90
M5	Crochet - Beginners & Improvers	10	7.30pm-9.30pm	€149
M6	Dog Training	10	7.00pm-9.00pm	€149
M7	English for Speakers of Other Languages beginners	10	7.00pm-8.30pm	€112
M8	English for Speakers of Other Languages Improvers	10	8.30pm-10.00pm	€112
M9	Feltmaking with Clodagh Mac Donagh (€30 materials fee)	10	7.00pm-9.00pm	€149
M10	First Aid	10	7.00pm-8.30pm	€112
M11	French for Beginners	10	7.00pm-8.30pm	€112
M12	French for Improvers	10	8:30pm-10pm	€112
M13	Furniture Restoration & Upholstery	10	7.30pm-9.30pm	€149
M14	Gardening	10	7.00pm-9.00pm	€149
M15	Genealogy for Improvers: Tracing your Irish Ancestors	8	7.30pm-9.00pm	€90
M16	Group Guitar Lessons for Beginners	8	7.00pm-8.00pm	€119
M17	Group Guitar Lessons for Improvers	8	8.00pm-9.00pm	€119
M18	Introduction to Holistic Therapies	10	7.00pm-9.00pm	€149
M19	Irish for Beginners	10	7.00pm-8.30pm	€112
M20	Irish for Improvers	10	8.30pm-10.00pm	€112
M21	Italian for Beginners	10	7.00pm-8.30pm	€112
M22	Microsoft Excel for Beginners	5	7.00pm-9.00pm	€75
M23	Microsoft Excel for Improvers	5	7.00pm-9.00pm	€75
M24	Painting for Beginners	8	7.00pm-9.00pm	€119
M25	Parenting - Childs Self Esteem 2-12 year olds	8	7.00pm-9.00pm	€119
M26	Pilates for Beginners I with Helen Cullen	10	7.00pm-8.00pm	€75
M27	Pilates for Beginners II with Helen Cullen	10	9.00pm-10.00pm	€75
M28	Pilates for Improvers I with Helen Cullen	10	8.00pm-9.00pm	€75
M29	Spanish for Beginners with Ronan Timmins	10	7.00pm-8.30pm	€112
M30	Spanish for Improvers with Ronan Timmins	10	8.30pm-10pm	€112
M31	Table Tennis (beginners & improvers)	10	7.00pm-9.00pm	€149
M32	Ukrainian for beginners	10	7.00pm-8.30pm	€112
M33	Wood Carving	10	7.00pm-9.00pm	€149
M34	Yoga I with Catherine Rooney	10	6.45pm-8.15pm	€112
M35	Yoga II with Catherine Rooney	10	8.15pm-9.45pm	€112
M36	Zumba	10	7.00pm-8.00pm	€75

Autumn 2022

Tuesday

Course	Weeks	Time Slot	Price	
T1	An introduction to Performance Analysis in Sport	8	7.00pm-8.30pm	€90
T2	Ballroom Dancing for beginners	10	8.15pm-9.15pm	€75
T3	Basket Weaving using newspaper	6	7.00pm-8.30pm	€70
T4	Bridge for beginners (Group 2)	8	7.00pm-9.00pm	€119
T5	Cake Decoration & Sugarcraft (Materials Fee)*	10	7.00pm-9.00pm	€149
T6	DIY Home Maintenance with Derek Roban	8	7.00pm-8.30pm	€90
T7	Exercise for all	10	8.00pm-9.00pm	€75
T8	Gardening with Marie Hirst	10	7.00pm-9.00pm	€149
T9	Genealogy for Beginners: Tracing Your Irish Ancestors	8	7.30pm-9.00pm	€90
T10	Greek Cookery (€20 material fee)	8	7.00pm-9.00pm	€119
T11	Heartsaver C.P.R. & A.E.D. Class 1 Tues 27th Sep *	1	7.00pm-9.30pm	€20
T12	Heartsaver C.P.R. & A.E.D. Class 2 Tues 4th Oct *	1	7.00pm-9.30pm	€20
T13	Heartsaver C.P.R. & A.E.D. Class 3 Tues 11th Oct *	1	7.00pm-9.30pm	€20
T14	How to Improve Your Health & Wellbeing	8	7.00pm-8.30pm	€90
T15	Interior Design	8	7.00pm-8.30pm	€90
T16	Introducton to Jewelry Making (€30 materials fee)	8	7.00pm-9.30pm	€149
T17	Italian for Improvers	10	7.00pm-8.30pm	€112
T18	Japanese for Beginners	8	7.00pm-8.30pm	€90
T19	Knitting for Beginners & Improvers	8	7.30pm-9.00pm	€90
T20	Latin in Line Dance Fitness for all ages	10	7.00pm-8.00pm	€60
T21	Mindfulness & Meditation	8	7.00pm-8.30pm	€90
T22	Nutrition, Exercise & Mindfulness for Weight Management	8	7.00pm-8.30pm	€90
T23	Painting for Improvers & Advanced	8	7.00pm-9.00pm	€119
T24	Pilates for Beginners III with Michele Allegri	10	7.00pm-8.00pm	€75
T25	Pilates for Improvers II with Michele Allegri	10	8.00pm-9.00pm	€75
T26	Pilates for Beginners IV with Michele Allegri	10	9.00pm-10.00pm	€75
T27	Public Speaking	8	7.00pm-8.30pm	€90
T28	Tai Chi for Beginners	10	6.00pm-7.00pm	€75
T29	Tai Chi for Beginners & Improvers	10	7.00pm - 8.00pm	€75
T30	Yoga III with Dave Murray	10	6.45pm-8.15pm	€112
T31	Yoga IV with Dave Murray	10	8.15pm-9.45pm	€112
*(€20 material fee)				



@NightClassesCCC

Telephone 01 8129346

Autumn 2022

Wednesday

Course	Weeks	Time Slot	Price	
W1	Baking (Materials fee €20)	8	7.00pm-9.00pm	€119
W2	Badminton for beginners with David Hong-Minh	8	7.00pm-8.30pm	€90
MW3	Couch to 5k (Classes per week, Monday & Wednesday)	8	7.00pm-8.00pm	€119
W4	Basic Computers & computers for over 50's	10	7.00pm-8.00pm	€75
W5	Beauty Therapy, an Introduction to	8	7.00pm-8.30pm	€90
W6	Breadmaking (Materials fee €20)	8	7.00pm-9.30pm	€149
W7	Calligraphy	8	7.00pm-9.00pm	€119
W8	Chess for Beginners	10	7.00pm-9.00pm	€149
W9	Creative Writing	10	7.00pm-8.30pm	€112
W10	Dance Meditation and Positive Mind-set	8	8.00pm-9.00pm	€60
W11	Digital Photography	10	7.00pm-8.30pm	€112
W12	Exercises for Health	8	7.00pm-8.00pm	€60
W13	Flower Arranging (Materials Fee €30)	8	7.00pm-9.00pm	€119
W14	Golf for Beginners (class held in Elmgreen Driving Range)	5	7.00pm-8.00pm	€130
W15	Healing with the Angels	8	7.00pm-8.30pm	€90
W16	Lino Printing	8	7.00pm-9.00pm	€119
W17	Mandarin Chinese (PRC) for Beginners	10	7.00pm-8.30pm	€112
W18	Microsoft Office	10	8.00pm-9.30pm	€112
W19	Parenting - Understanding Teenagers	8	7.00pm-9.00pm	€119
W20	Piano/Keyboard	10	7.00pm-8.00pm	€75
W21	Pilates for Beginners IV with Helen Cullen	10	7.00pm-8.00pm	€75
W22	Pilates for Improvers III with Helen Cullen	10	8.00pm-9.00pm	€75
W23	Pottery & Ceramics (Materials Fee €20)	10	7.00pm-9.00pm	€149
W24	Sewing /Dressmaking for beginners and improvers	8	7.00pm-9.00pm	€119
W25	Sign language - introduction to	8	7.00pm-8.30pm	€90
W26	Sports Psychology with Paul Murphy	8	7.00pm-8.30pm	€90
W27	Successful Business Ownership	8	7.00pm-9.00pm	€119
W28	Tarrot Cards for beginners	8	7.00pm-8.30pm	€90
W29	Ukelule for Beginners with Gareth Goodman	8	7.00pm-8.00pm	€119
W30	Ukelule for Improvers with Gareth Goodman	8	8.00pm-9.00pm	€119
W31	Wine Tasting (Materials fee €65 includes 6 wine glasses)	8	7.00pm-9.00pm	€119
W32	Yoga - Restorative	10	8.15pm-9.45pm	€112
W33	Yoga - Yin	10	6.45pm-8.15pm	€112
W34	Zumba	10	7.00pm-8.00pm	€75

Email nightclasses@castleknockcc.ie

Autumn 8th October 2022

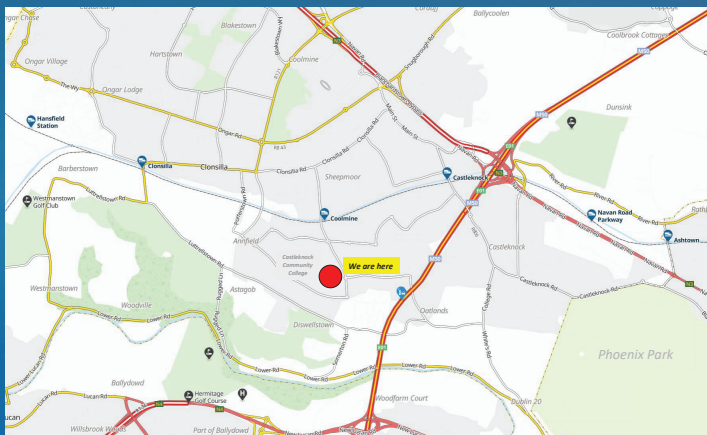
One Day Workshop 1

	Course	Duration	Price
S1	A Taste of Dance	10am-1pm	€23
S2	Aromatherapy - an introduction to	10am-3pm	€38
S3	Beading	10am-1pm	€23
S4	Breadmaking (Max 12)	10am-3pm	€38
S5	Candle Making	10am-2pm	€30
S6	Digital Photography	10am-3pm	€38
S7	Dog Grooming	10am-3pm	€38
S8	Heartsaver CPR Group 1 (€20 Materials Fee paid to tutor)	9.30am-12.30pm	€23
S9	Heartsaver CPR Group 2 (€20 Materials Fee paid to tutor)	1pm-4pm	€23
S10	Herbal Extractions Workshop.	10am-1pm	€23
S11	Introduction to Illustration and Cartoon drawing	10am-12.30pm	€20
S12	Indian Cookery 1	10am-3pm	€38
S13	Lino Printing	10am-3pm	€38
S14	Moving from pain to ease	10am-2pm	€30
S15	Soap Making (€10 Materials fee)	10am-2pm	€38
S16	Stained Glass (Materials Fee €10)	10am-3pm	€30
S17	Tai Chi	10am-3pm	€50

Autumn 22nd October 2022

One Day Workshop 2

S19	A Taste of Dance	10am-1pm	€23
S20	Animation	10am-3pm	€38
S21	Anxiety Buster Workshop - From Anxious to Tranquil	10am-2pm	€30
S22	Aromatherapy - an introduction to (Materials Fee €20)	10am-3pm	€38
S23	Beading	10am-1pm	€23
S24	Candle Making (Materials fee €20)	10am-2pm	€30
S25	Cookery for Men (Max 12)	10am-3pm	€38
S26	Greek Cookery (Materials fee €20)	10am-2pm	€30
S27	Heartsaver CPR Group 3 (€20 Materials Fee paid to tutor)	9.30am-12.30pm	€23
S28	Heartsaver CPR Group 4 (€20 Materials Fee paid to tutor)	1pm-4pm	€23
S29	Herbal Extractions Workshop.	10am-1pm	€23
S30	Indian Cookery 2 (Materials fee €20)	10am-3pm	€38
S31	Introduction to Illustration and Cartoon drawing	10am-12.30pm	€20
S32	Macrame (Materials Fee €10)	10am-2pm	€30
S33	Moving from pain to ease	10am-2pm	€30
S34	Soap Making (€10 Materials fee)	10am-2pm	€30
S35	Stained Glass (Materials Fee €10)	10am-3pm	€38
S36	Wine Tasting (Materials Fee €45)	10am-3pm	€38



Served by the No. 37 Bus Route
& Coolmine Train Station

Eircode D15 A996

GPS Coordinates 53.3951313 -85.918354141

Follow us on social media for all the latest news
and updates



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*Dublin and Dún Laoghaire
Education and Training Board*