

Autumn Courses Monday Evening 2022

Click on course code for course description .

Code	Course Name	No. Weeks	Time	Fee
M1	Bridge for beginners (Group 1)	8	7.00pm-9.00pm	€119
M2	Cook with confidence (Materials Fee €20)	8	7.00pm-9.00pm	€119
MW3	Couch to 5k Monday & Wednesday	8	7.00pm-8.00pm	€119
M4	Craft Beer Brewing	6	7.00pm-9.00pm	€90
M5	Crochet - Beginners & Improvers	10	7.30pm-9.30pm	€149
M6	Dog Training	10	7.00pm-9.00pm	€149
M7	English for Speakers of Other Languages beginners	10	7.00pm-8.30pm	€112
M8	English for Speakers of Other Languages Improvers	10	8.30pm-10.00pm	€112
M9	Feltmaking with Clodagh Mac Donagh (€30 materials fee)	10	7.00pm-9.00pm	€149
M10	First Aid	10	7.00pm-8.30pm	€112
M11	French for Beginners	10	7.00pm-8.30pm	€112
M12	French for Improvers	10	8:30pm-10pm	€112
M13	Furniture Restoration & Upholstery	10	7.30pm-9.30pm	€149
M14	Gardening	10	7.00pm-9.00pm	€149
M15	Genealogy for Improvers: Tracing your Irish Ancestors	8	7.30pm-9.00pm	€90
M16	Group Guitar Lessons for Beginners	8	7.00pm-8.00pm	€119
M17	Group Guitar Lessons for Improvers	8	8.00pm-9.00pm	€119
M18	Introduction to Holistic Therapies	10	7.00pm-9.00pm	€149
M19	Irish for Beginners	10	7.00pm-8.30pm	€112
M20	Irish for Improvers	10	8.30pm-10.00pm	€112
M21	Italian for Beginners	10	7.00pm-8.30pm	€112

M22	Microsoft Excel for Beginners	5	7.00pm-9.00pm	€75
M23	Microsoft Excel for Improvers	5	7.00pm-9.00pm	€75
M24	Painting for Beginners	8	7.00pm-9.00pm	€119
M25	Parenting - Childs Self Esteem 2-12 year olds	8	7.00pm-9.00pm	€119
M26	Pilates for Beginners I with Helen Cullen	10	7.00pm-8.00pm	€75
M27	Pilates for Beginners II with Helen Cullen	10	9.00pm-10.00pm	€75
M28	Pilates for Improvers I with Helen Cullen	10	8.00pm-9.00pm	€75
M29	Spanish for Beginners with Ronan Timmins	10	7.00pm-8.30pm	€112
M30	Spanish for Improvers with Ronan Timmins	10	8.30pm-10pm	€112
M31	Table Tennis (beginners & improvers)	10	7.00pm-9.00pm	€149
M32	Ukrainian for beginners	10	7.00pm-8.30pm	€112
M33	Wood Carving	10	7.00pm-9.00pm	€149
M34	Yoga I with Catherine Rooney	10	6.45pm-8.15pm	€112
M35	Yoga II with Catherine Rooney	10	8.15pm-9.45pm	€112
M36	Zumba	10	7.00pm-8.00pm	€75