

## Autumn Courses Wednesday Evening 2022

Click on course code for course description

Code	Course Name	No Weeks	Time	Fee
<a href="#">W1</a>	Baking (Materials fee €20)	8	7.00pm-9.00pm	€119
<a href="#">W2</a>	Badminton for beginners with David Hong-Minh	8	7.00pm-8.30pm	€90
<a href="#">MW3</a>	Couch to 5k (Classes per week, Monday & Wednesday)	8	7.00pm-8.00pm	€119
<a href="#">W4</a>	Basic Computers & computers for over 50's	10	7.00pm-8.00pm	€75
<a href="#">W5</a>	Beauty Therapy, an Introduction to	8	7.00pm-8.30pm	€90
<a href="#">W6</a>	Breadmaking (Materials fee €20)	8	7.00pm-9.30pm	€149
<a href="#">W7</a>	Calligraphy	8	7.00pm-9.00pm	€119
<a href="#">W8</a>	Chess for Beginners	10	7.00pm-9.00pm	€149
<a href="#">W9</a>	Creative Writing	10	7.00pm-8.30pm	€112
<a href="#">W10</a>	Dance Meditation and Positive Mind-set	8	8.00pm-9.00pm	€60
<a href="#">W11</a>	Digital Photography	10	7.00pm-8.30pm	€112
<a href="#">W12</a>	Exercises for Health	8	7.00pm-8.00pm	€60
<a href="#">W13</a>	Flower Arranging (Materials Fee €30)	8	7.00pm-9.00pm	€119
<a href="#">W14</a>	Golf for Beginners (class held in Elmgreen Driving Range)	5	7.00pm-8.00pm	€130
<a href="#">W15</a>	Healing with the Angels	8	7.00pm-8.30pm	€90
<a href="#">W16</a>	Lino Printing	8	7.00pm-9.00pm	€119
<a href="#">W17</a>	Mandarin Chinese (PRC) for Beginners	10	7.00pm-8.30pm	€112
<a href="#">W18</a>	Microsoft Office	10	8.00pm-9.30pm	€112
<a href="#">W19</a>	Parenting - Understanding Teenagers	8	7.00pm-9.00pm	€119
<a href="#">W20</a>	Piano/Keyboard	10	7.00pm-8.00pm	€75
<a href="#">W21</a>	Pilates for Beginners IV with Helen Cullen	10	7.00pm-8.00pm	€75
<a href="#">W22</a>	Pilates for Improvers III with Helen Cullen	10	8.00pm-9.00pm	€75
<a href="#">W23</a>	Pottery & Ceramics (Materials Fee €20)	10	7.00pm-9.00pm	€149
<a href="#">W24</a>	Sewing /Dressmaking for beginners and improvers	8	7.00pm-9.00pm	€119
<a href="#">W25</a>	Sign language - introduction to	8	7.00pm-8.30pm	€90

<a href="#">W26</a>	Sports Psychology with Paul Murphy	8	7.00pm-8.30pm	€90
<a href="#">W27</a>	Successful Business Ownership	8	7.00pm-9.00pm	€119
<a href="#">W28</a>	Tarrot Cards for beginners	8	7.00pm-8.30pm	€90
<a href="#">W29</a>	Ukelule for Beginners with Gareth Goodman	8	7.00pm-8.00pm	€119
<a href="#">W30</a>	Ukelule for Improvers with Gareth Goodman	8	8.00pm-9.00pm	€119
<a href="#">W31</a>	Wine Tasting (Materials fee €65 includes 6 wine glasses)	8	7.00pm-9.00pm	€119
<a href="#">W32</a>	Yoga - Restorative	10	8.15pm-9.45pm	€112
<a href="#">W33</a>	Yoga - Yin	10	6.45pm-8.15pm	€112
<a href="#">W34</a>	Zumba	10	7.00pm-8.00pm	€75